



Seed to Sprout

Dates: June 21-June 23, 2022

Time: 9:00am-12:00pm

Location: Bonner Heritage Farm- *meet at the courtyard by the main barn*

What to wear: Sturdy closed toed shoes; clothing that is appropriate for the weather, movement, and exploration; optional- hat and sunglasses

What to bring: Water bottle; snack; sunscreen; bug spray;

Itinerary

Tuesday

Dig If You Will

The week begins with an introduction to the site and the Bonner family. We will also learn more about seeds as we dig and plant in our garden.

Wednesday

How Does a Garden Grow?

Today we will look at what plants need to grow through analysis of our garden and the science behind it, and take a closer look at the parts of a plant and which parts we eat. We'll also see how the seasons of the year impact our food, and food preservation for the Bonners and for us today.

Thursday

And Field to Fork

How does food get from the farm to our tables today? We'll learn about farming equipment then and now as we see how the farm changed for the Bonner over time, take a closer look at food that is healthy for us and the planet, and more.

Program Instructor: Nicole Stocker, nstocker@lcfpd.org , 847-514-6707

Please email AskAnEducator@LCFPD.org for general questions.

**Please complete and return all forms prior to the start of the program.*

Please note that some activities may be substituted or modified due to time constraints, site resources, camper interests, or inclement weather. Cancellations of this program will be sent to the email(s) listed on the form.



Lake County
Forest Preserves

SUMMER ADVENTURES