Seed to Sprout

Dates: June 21-June 23, 2022
Time: 9:00am-12:00pm
Location: Bonner Heritage Farm- meet at the courtyard by the main barn
What to wear: Sturdy closed toed shoes; clothing that is appropriate for the weather, movement, and exploration; optional- hat and sunglasses
What to bring: Water bottle; snack; sunscreen; bug spray;

Itinerary

Tuesday
Dig If You Will
The week begins with an introduction to the site and the Bonner family. We will also learn more about seeds as we dig and plant in our garden.

Wednesday
How Does a Garden Grow?
Today we will look at what plants need to grow through analysis of our garden and the science behind it, and take a closer look at the parts of a plant and which parts we eat. We’ll also see how the seasons of the year impact our food, and food preservation for the Bonners and for us today.

Thursday
And Field to Fork
How does food get from the farm to our tables today? We’ll learn about farming equipment then and now as we see how the farm changed for the Bonner over time, take a closer look at food that is healthy for us and the planet, and more.

Program Instructor: Nicole Stocker, nstocker@lcfpd.org, 847-514-6707

Please email AskAnEducator@LCFPD.org for general questions.

*Please complete and return all forms prior to the start of the program.

*Please note that some activities may be substituted or modified due to time constraints, site resources, camper interests, or inclement weather. Cancellations of this program will be sent to the email(s) listed on the form.*