



## Fort Sheridan Expeditions

**Dates:** July 21, July 28, August 4, August 11

**Time:** 10:00 am-12:00 pm

**Location:** Fort Sheridan Expeditions, *meet at the trailhead off Gilgare Road parking lot.*

**What to wear:** Sturdy closed toe shoes that can get wet and muddy; Clothing that is appropriate for the weather, movement, and exploration; optional- hat and sunglasses.

**What to bring:** Snack, water bottle, optional- sunscreen, insect repellent

### Itinerary

#### Thursday, July 21

##### *Along the Lakeshore*

Today we walk down to the sandy shores of Lake Michigan to discover the unique components of this ecosystem, including its geologic features. Also, hear how climate change is impacting the area and what is being done to protect it. *Wear shoes that can get wet and sandy.*

#### Thursday, July 28

##### *Ravine Revelations*

Today we carefully venture into the ravine ecosystem to discover how they are formed, what makes them special, and how we can protect them. Expect to scramble on all fours a little bit. *Lightweight, light-colored long pants, long socks and sneakers are best to wear.*

#### Thursday, August 4

##### *Red-tailed Hawk Squawk*

This day we walk along the Hutchinson Trail to the giant red-tailed hawk nest where we'll learn about this fascinating raptor. Then we'll use binoculars to search for birds that rely on this site.

#### Thursday, August 11 \*review the bicycle checklist sent via email

##### *Biking Through Human History*

After a quick bike check and some biking etiquette, we'll pedal our way to the Parade Grounds where we'll make stops to learn how humans have used this area, especially when it was an active military site. *Bring your own bike, helmet, and wear bright colors.*

**Program Instructors:** Jenny Sazama, 847-276-5382, [jsazama@lcfpd.org](mailto:jsazama@lcfpd.org)

Please email [AskAnEducator@LCFPD.org](mailto:AskAnEducator@LCFPD.org) for general questions.

*\*Please complete and return all forms prior to the start of the program.*

*\*Please note that some activities may be substituted or modified due to time constraints, site resources, participant interests, or inclement weather. Cancellations of this program will be sent to the email(s) listed on the form*



Lake County  
Forest Preserves

SUMMER ADVENTURES